

**Harvest of the Month**  
 Network for a Healthy California



**PEARS**

**Seasonal fruits and vegetables offered daily!**

# October EV Cais School Menu

|                 |                            |                            |                            |              |
|-----------------|----------------------------|----------------------------|----------------------------|--------------|
|                 |                            |                            |                            | 1            |
|                 |                            |                            |                            | Muffin       |
| 4               | 5                          | 6                          | 7                          | 8            |
| Mini Pancakes   | Breakfast Burrito          | Cereal and Cheese Stick    | Bagel and Cream Cheese     | French Toast |
| 11              | 12                         | 13                         | 14                         | 15           |
| Breakfast Pizza | Honey Bun Breakfast Pastry | Sausage Pancake on a Stick | Sausage Breakfast Sandwich | Muffin       |
| 18              | 19                         | 20                         | 21                         | 22           |
| Mini Pancakes   | Breakfast Burrito          | Cereal and Cheese Stick    | Bagel and Cream Cheese     | French Toast |
| 25              | 26                         | 27                         | 28                         | 29           |
| Breakfast Pizza | Honey Bun Breakfast Pastry | Sausage Pancake on a Stick | Sausage Breakfast Sandwich | Muffin       |

Wonderful White Milk and Charming Chocolate

Milk offered at every meal

Menu subject to change without notice

Curbside Meal Service is available Tuesday and Thursday from 1:15 pm—1:45 pm at Rock Creek Elementary School, located at 3050 Bell Road, Auburn, CA 95603

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|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
|                          |                          |                          |                          | 1                        |
|                          |                          |                          |                          | Jumbo Corn Dog           |
| 4                        | 5                        | 6                        | 7                        | 8                        |
| Bean and Cheese Burrito  | Jumbo Corn Dog           | Cheese Quesadilla        | Cheeseburger             | Chef's Choice!           |
| 11                       | 12                       | 13                       | 14                       | 15                       |
| Bean and Cheese Burrito  | Chicken Strips           | Bean and Cheese Pupusa   | Rib-B-Que Sandwich       | Jumbo Corn Dog           |
| 18                       | 19                       | 20                       | 21                       | 22                       |
| Bean and Cheese Burrito  | Jumbo Corn Dog           | Cheese Quesadilla        | Cheeseburger             | Chef's Choice!           |
| 25                       | 26                       | 27                       | 28                       | 29                       |
| Bean and Cheese Burrito  | Chicken Strips           | Bean and Cheese Pupusa   | Rib-B-Que Sandwich       | Jumbo Corn Dog           |
| Daily Alternative Meal   |                          |                          |                          |                          |
| Pizza                    | Pizza                    | Pizza                    | Pizza                    | Pizza                    |
| PB&J Meal                | PB&J Meal                | PB&J Meal                | PB&J Meal                | PB&J Meal                |
| Deli Sandwich Bistro Box | Deli Sandwich Bistro Box | Deli Sandwich Bistro Box | Deli Sandwich Bistro Box | Deli Sandwich Bistro Box |
| Cold Pack Muffin Meal    | Cold Pack Muffin Meal    | Cold Pack Muffin Meal    | Cold Pack Muffin Meal    | Cold Pack Muffin Meal    |
| Ceasar Salad             | Ceasar Salad             | Ceasar Salad             | Ceasar Salad             | Ceasar Salad             |

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